

St. Teresa's School École Ste-Thérèse NEWSLETTER

Issue # 1
September 12th, 2019
www.stsnl.ca



We would like to welcome all returning students, parents/caregivers and a very special welcome to anyone new to our wonderful new school. We want to assure you of our intention to work closely with you as we support all students in their learning. Our combined efforts will help all our students reach their maximum potential. If you have any questions or concerns at any time during the school year, do not hesitate to contact us.

Teachers and support staff have been very busy getting ready for our students' arrival. We would like to wish everyone a wonderful school year. We encourage all our parents and caregivers to read our newsletters each month as they contain important information related to our school.

This year our classroom teachers will continue emailing our newsletter to the parents/caregivers of the students in their class. We will continue to send out a paper copy to those who do not have access to email and a computer. Please take the time to read this newsletter as it addresses many issues directly affecting you and your child.

DAILY SCHEDULE

Doors open & Supervision begins	8:35a.m.
Students expected in class	8:50
Instruction begins	8:55
Recess	10:25-10:40
Lunch cafeteria for Grades 1-3 / Play for Grades 4-6	12:10 -12:35
Play for Grades 1-3 / cafeteria for Grades 4-6	12:35 -1:00
Instruction Begins Gr. 1-6	1:00
Dismissal – all students	3:00

Morning and Afternoon Routines

Students must not be dropped at school in the morning and left unsupervised. Supervision begins at 8:35 am.

Students are dismissed at 3:00 pm. Several students are being left at the office and not picked up until much later. Please be here to pick up your child. Teachers often have meetings or other commitments and are unable to supervise your child. Thank you for your cooperation and understanding with this as we all need to work together to keep your children safe.

Safe Arrival

We are attempting to have a new safety system up and running by the end of the month. The program is called Safe Arrival. A telephone call will be made by the system to the home of any child not in school by 9:30 am each day. This helps keep children safe.

Terry Fox Walk

Our students will be participating in the annual Terry Fox walk on Thursday, September 26th. We will be accepting small donations for the Terry Fox Foundation.

VOLUNTEERS

Volunteers play a very important role in our school. If you are able to help out in the learning resource center, breakfast program, etc., please let us know by filling out a parent volunteer form. Please check with the office for further information.

CURRICULUM NIGHT

Our curriculum night is scheduled for Thursday, September 19. The session will begin in the gym at 7pm followed by two 20 minute sessions in classrooms. As well we are offering a second session on Tuesday, September 24 at the Froude Avenue Community Centre. This second session will also start at 7 pm.

SCHOOL WEBSITE/ TWITTER

Parents and caregivers are asked to check out our website and twitter. We will have our webpage updated with the necessary information needed for this school year. Also, please subscribe to receive emails from the school.

As well we are encouraging all our parents and caregivers to sign up a free Twitter account and follow school **@stteresasschool1**. We twitter to write about many of the wonderful things that are going on in our school. You can checkout our school website at www.stsnl.ca and click on the twitter icon to check out our school tweets.



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ARRIVAL AND DISMISSAL PROCEDURES

For regular **arrival** purposes in the morning all students in grades K-6 will use the main entrance. Kindergartens may also use the side kindergarten entrance.

Students will be using the following exits at dismissal time:

- Grade K, 1, 2 EFI, 2 /3 EFI 5 and 6 – main entrance**
 - Grade 2, 3 and 4- side entrance (right side of building)**
- These procedures are subject to change if needed.*

Parents /caregivers can pick up their child (ren) from the teacher at the assigned entrance.

We are asking all parents/caregivers not to wait in the entrances of our school as the congestion in these areas pose a safety and security risk for our students. Please wait outside. We thank you in advance for your cooperation in this area.

Any student who is being picked up by a daycare provider can wait in the designated daycare waiting area by the gym. Signs are posted indicating where to wait and supervision will be provided.

FOOD SERVICE- SCHOOL LUNCH

St. Teresa's, through The School Lunch Association is proud to operate a non-stigmatizing program that provides hot, nutritious lunches to primary and elementary school children, regardless of their family's ability to pay. The Association requires parents to register their children to participate in the program each school year which can be done on line at www.schoollunch.ca/ Ordering is done each month for the following month. **Wednesday, September 25th** is the first day of the lunch program.

Did you know?...

Froude Avenue Community Centre has a Family Support Worker on site to assist you and your family to provide support and bridge the gaps to accessing services. Trouble with school? Unsure of what services are available? Need someone to talk to?

Contact Pennie Spurvey (699-9249) or Stephen Ross (730-1257) for more information.

PLEASE CHECK IN AT THE OFFICE
-STUDENT/SCHOOL SECURITY



In an attempt to create a safe and secure environment for all students we ask all students, parents/ guardians or any visitor who comes to the school outside the regular school hours to use the main entrance. Here you will be buzzed into the school by our office staff. **Please do not proceed to the classroom area without first checking with the office.** We will gladly assist if you are dropping off an item for your child(ren) or picking them up. This school policy will allow our staff to know who is in the building at all times and ensure the safety and security of all our students. We are also requiring that students who arrive late to be signed in, or out if leaving early. Thank you for your cooperation with this matter.

Medication Policy

In accordance with School Board policy, all (prescription) student medication must be brought to the office. Prescription medication can only be administered by the parent, or by school personnel with the signed permission of the parent, and a Physician. Permission for the administration of medication to students can only occur once parents have completed the appropriate School Board form. As there are a number of students in the school that require daily medication for most or all of the school year, time does not permit us to accommodate requests to administer medication for short term illnesses (e.g. ear and throat medication).

ALLERGIES



Some of our students and staff have *serious allergies* that can result in these people suffering from a *life threatening condition known as Anaphylaxis*. Breathing difficulties, and a drop in blood pressure or shock can be *potentially fatal*.

To help ensure that our students and staff are safe at school **please avoid sending the following food items:**

All nuts – including peanuts, eggs, kiwi

Your understanding and cooperation in this matter is sincerely appreciated.

RECYCLING

We try to teach our students the importance of being respectful to our environment. Recycling is a fantastic program that promotes environmental awareness and provides funds for our school. We encourage everyone to participate in our recycling program. **Please drop off your recyclables every Wednesday morning starting September 26th.** In the meantime, families may drop off their recyclables to your nearest recycling depot and have the refund credited to St. Teresa's School.

School Messenger Automated Phone System

All schools in our district have access to an automated phone system called School Messenger. This system can access all families by phone in a short period of time. In the past we have used School Messenger to remind families of upcoming activities or school closures. School Messenger can only be effective if we have accurate phone information for each family. **If your phone number, or emergency contact number, changes during the year, it is important that the Office be notified so we can keep our phone numbers updated and accurate.**

Nutrition Policy

We continue to promote the District's Nutrition policy which focuses on healthy eating. We are requesting that parents be mindful of this when preparing snacks for recess. We would request that items such as chips, cheezies, candy and energy drinks not be included as snacks.



Take Out Food

We are requesting that parents not drop off fast food for students to eat at school during lunch. **If you wish to provide this treat for your child, we ask that you take them out to lunch. Please help us keep our children healthy!**

Breakfast Club

The TD Kids Eat Smart Walk to Breakfast is scheduled to take place on Monday, September 16, 2019 at St. Teresa's School. Walk to Breakfast is an opportunity for schools to raise funds and awareness of their KES Clubs. Every \$1 raised is a meal for a child in our schools in Newfoundland and Labrador. All money raised for our school goes directly to our KES program. Students are asked to meet at the west end of St. Teresa's church parking lot at 8:00am and Walk to Breakfast to kick start the St. Teresa's breakfast program. There will be a table set up for donations of cereal (Rice Krispies, Corn Flakes, Multigrain Cheerios, Shreddies, Crispix), jam, butter, frozen waffles, quick oats, frozen fruit, bagels, english muffins, and grocery store gift cards which help us purchase fresh fruit and other perishable items. There is a *new* online feature to help raise funds for our program. Go to our website and search for our school to donate to your TD Walk to Breakfast www.kidseatSMART.ca.

We are looking for volunteers to help out with our Breakfast program. Your time is valued and appreciated. Beginning this year, we will have a coffee corner for Parents and guardians. We encourage you to come and connect with your school community.

Parent Pointer

"A child's belief in themselves is largely a reflection of the extent to which they see significant others believing in them".

Take time in the next couple of weeks to set realistic goals and expectations with your child, and help them realize their success!



Important Dates

Monday, Sept 16 – Breakfast program starts
Thursday, Sept 19 – Curriculum Night @ 7pm
Friday, Sept 20 – Picture Day
Monday, Sept 23 - KES Walk to Breakfast
Tuesday, Sept 24 – Alternate Curriculum Night- Froude Avenue Community Center
Wednesday, Sept 25 – 1st day School Lunch program
Thursday, Sept 26 – Terry Fox Walk
Thursday, Oct 10 – Thanksgiving Assembly
Monday, Oct 14 – Thanksgiving Holiday
Tuesday, Oct 29 – School Closed PD for Teachers

Professional Learning Tentative Dates

The following five dates are tentatively book for Professional Learning Days for Teachers. On these dates, there will be no school for students.
October 29, November 12, February 13, March 2 and May 15.

Electronics and Cell Phones

Expensive electronic gadgets and cell phones need to be left at home to prevent them from going missing. School will not be responsible if items go missing.

Video/Electronic Security System

St. Teresa's is equipped with Video/Electronic Security System both inside and outside our school. If you have questions please contact the school at 709-579-9111.