

St.Teresa's School

École Ste-Thérèse

NEWSLETTER

Issue # 1
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www.stsnl.ca



GREETINGS

We would like to welcome back all returning students, parents/caregivers and a very special welcome to anyone new to our wonderful new school. We want to assure you of our intention to work closely with you as we support all students in their learning. Our combined efforts will help all our students reach their maximum potential. If you have any questions or concerns at any time during the school year, do not hesitate to contact us.

Teachers and support staff have been very busy getting ready for our students' arrival. We would like to wish everyone a wonderful school year. We encourage all our parents and caregivers to read our newsletters each month as they contain important information related to our school. **This year our classroom teachers will continue emailing our newsletter to the parents/caregivers of the students in their class. We will continue to send out a paper copy to those who do not have access to email and a computer. Please take the time to read this newsletter as it addresses many issues directly affecting you and your child.**

DAILY SCHEDULE

Doors open for Breakfast Club-All students must go to cafeteria or wait outside until supervision begins.	8:25am.
Doors open & Supervision begins	8:35a.m.
Students expected in class	8:50
Instruction begins	8:55
Recess	10:25-10:40
Lunch for Kindergarten	11:45-12:10
Play for Kindergarten	12:10
Lunch cafeteria for Grades 1-3 Play for Grades 4-6	-12:35
Play for Grades 1-3 / cafeteria for Grades 4-6	12:35 -1:00
Instruction Begins Gr. 1-6	1:00
Dismissal – all students	3:00

Morning and Afternoon Routines

Students must not be dropped at school in the morning and left unsupervised. Supervision begins at 8:35 am.

As well students are dismissed at 3:00 pm. Several students are being left at the office and not picked up until much later. Please be here to pick up your child. Teachers often have meetings or other commitments and are unable to supervise your child. Thank you for your cooperation and understanding with this as we all need to work together to keep your children safe.

Terry Fox Walk

Our students will be participating in the annual Terry Fox Walk on Thursday, September 27th. We will be accepting small donations if you wish to donate to the Terry Fox Foundation. Our students will have their first walk around the pond for the year!! Please sign

permission form sent home for your child to participate.

VOLUNTEERS

Volunteers play a very important role in our school. If you are able to help out in the breakfast program, or the Library Learning Commons, please let us know by filling out a parent volunteer form. You will also need a current code of conduct and vulnerable sector from the RNC. The fee of \$25 is waived if the forms are sent in by the school for a volunteer. Please check with the office for further information.

CURRICULUM NIGHT

Thank you to those parents/guardians who came you curriculum night. Any one who could not attend please call the school if you have questions or would like to see your child's teacher.

No Edible Treats Permitted

We do not allow any edible treats to be brought into our school by parents/caregivers to be shared with other students (this includes special occasions such as Halloween, Christmas, Valentine's Day, Birthdays, etc). There are many students in our school with serious life threatening allergies and other conditions. The risk is too large to allow the sharing of food products. If these treats are brought into the school, we will respectfully turn them away. Thanks in advance for your cooperation with regards to this new school based policy.

SCHOOL WEBSITE/ TWITTER

Parents and caregivers are asked to check out our website and twitter. We will have our webpage updated with the necessary information needed for this school year. Also, please subscribe to receive emails from the school.

As well we are encouraging all our parents and caregivers to sign up for a free twitter account and follow our school [@stteresasschool](https://twitter.com/stteresasschool). We use twitter to write about many of the wonderful things that are going on in our school. You can checkout our school website at www.stsnl.ca and click on the twitter icon to check out our school tweets.



ARRIVAL AND DISMISSAL PROCEDURES

For regular arrival purposes in the morning all students in grades K-6 will use the main entrance. Kindergartens may also use the side kindergarten entrance.

Students will be using the following exits at dismissal time:

Kindergarten and grade 5 – side kindergarten entrance

Grade 1, 2FI and 6 – main entrance

Grade 2 Eng., 3 and 4- side grade 2 entrance (right side of building)

These procedures are subject to change if needed.

Parents /caregivers can pick up their child (ren) from the teacher at the assigned entrance.

We are asking all parents/caregivers not to wait in the entrances of our school as the congestion in these areas pose a safety and security risk for our students. Please wait outside. We thank you in advance for your cooperation in this area.

Any student who is being picked up by a daycare provider can wait in the designated daycare waiting area by the gym.

FOOD SERVICE- SCHOOL LUNCH

We are very pleased that our school is equipped with a cafeteria where the St. John's School Lunch Association offers a lunch program for Grades K – 6 students. The School Lunch Association requires

parents to register their children each school year, to participate in the program.

The School Lunch is proud to operate a non-stigmatizing program that provides hot, nutritious lunches to primary and elementary school children, regardless of their family's ability to pay. **Wednesday, September 26th**- first day serving lunch for program

Did you know?...

Froude Avenue Community Centre has a Family Support Worker on site to assist you and your family to provide support and bridge the gaps to accessing services. Trouble with school? Unsure of what services are available? Need someone to talk to? Contact Pennie Spurvey (699-9249) or Stephen Ross (730-1257) for more information.

PLEASE CHECK IN AT THE OFFICE **-STUDENT/SCHOOL SECURITY**



In an attempt to create a safe and secure environment for all students we ask all students, parents/ guardians or any visitor who comes to the school outside the regular school hours to use the main entrance. Here you will be buzzed into the school by our office staff. **Please do not proceed to the classroom area without first checking with the office.** We will gladly assist if you are dropping off an item for your child(ren) or picking them up. This school policy will allow our staff to know who is in the building at all times and ensure the safety and security of all our students. We are also requiring that students who arrive late to be signed in at the office and also sign out if leaving early. Thank you for your cooperation with this matter.

Medication Policy

In accordance with School Board policy, all (prescription) **student medication must be brought to the office by a parent or caregiver.** Prescription medication can only be administered by the parent, or by school personnel with the signed permission of the parent, and a Physician. Permission for the administration of medication to students can only occur once parents have completed the appropriate School District form. As there are a number of students in the school that require daily medication for most or all of the school year, time does not permit us to accommodate requests to administer medication for short term illnesses (e.g. ear and throat medication).

ALLERGIES



Some of our students and staff have *serious allergies* that can result in these people suffering from a *life threatening condition known as Anaphylaxis.* Breathing difficulties, and a drop in blood pressure or shock can result which are *potentially fatal.*

To help ensure that our students and staff are safe at school **please avoid sending the following food items:**

All nuts – including peanuts, eggs, kiwi

Your understanding and cooperation in this matter is sincerely appreciated.

RECYCLING


We try to teach our students the importance of being respectful to our environment. Recycling is a fantastic program that promotes environmental awareness and provides funds for our school. We encourage everyone to participate in our recycling program. **Please drop off your recyclables every Wednesday morning starting September 26th.** In the meantime, families may drop off their recyclables to your

nearest recycling depot and have the refund credited to St. Teresa's School.

SchoolConnects Notify Automated Phone System

All schools in our district have access to an automated phone system called SchoolConnects Notify. This system can access all families by phone in a short period of time. In the past we have used SchoolConnects Notify to remind families of upcoming activities or school closures. SchoolConnects Notify can only be effective if we have accurate phone information for each family. **If your phone number, or emergency contact number, changes during the year, it is important that the Office be notified so we can keep our phone numbers updated and accurate.**

Nutrition Policy

We continue to promote the District's Nutrition policy which focuses on healthy eating. We are requesting that parents be mindful of this when preparing snacks for recess. We would request that items such as chips, cheezies, candy and energy drinks not be included as snacks. 

Take Out Food


We are requesting that parents **not drop off fast food for students to eat at school during lunch.** If you wish to provide this treat for your child, we ask that you take them out to lunch. **Please help us keep our children healthy!**

Breakfast Club

St. Teresa's Breakfast Program is up and running for the 2018-19 school year. We are looking for parent volunteers once again. If you are interested, please contact Mrs. Alicia Murphy-Roche at aliciamurphy@nlesd.ca. Donations are gratefully accepted, such as cereal (Corn Flakes, Kellogg's Rice Krispies, and Multigrain Cheerios), Eggo's, yogurt, whole wheat bread, bagels and all fruits (exception: kiwi). Thank you so much for your continued support.

Parent Pointer

"A child's belief in themselves is largely a reflection of the extent to which they see significant others believing in them".

Take time in the next couple of weeks to set realistic goals and expectations for your child. Let them know they are a success. Our children need to feel acceptance, success, enjoyment and control. 

Important Dates

Thursday, Sept 27 – Terry Fox Walk

Thursday, Oct 4 – Thanksgiving Assembly@ 11:00am

Friday, Oct. 5 -No School For Students – PD Day

Monday, Oct. 8 – Thanksgiving Holiday

Tuesday, Oct 30 – School Closed PD for Teachers

Girl Guides

Looking for a place where girls are empowered to take the lead, jump into awesome activities, and explore what matters to them?

That's Girl Guides of Canada, and it's taking place at St. Teresa's school!

Sparks (age 5-6) Thursdays 6:30-7:30

Brownies (age 7-9) Mondays 6:00-7:30

Guides (age 10-12) Tuesdays 6:30-8:00

Sign up today and give your child the gift of discovery!

For more information please contact Pam Burke: burke.pamela.j@gmail.com

Or register your child today at register.girlguides.ca